Previous references.

File No. Pris 34 of 09

1908.9

Serial Nos. 1 to 7

II Prisons)

8-08-1147
~~68-09-1~~
68-09-1103
45-10-(1-6)
24-15

GENERAL AND REVENUE SECRETARIAT.

Serial Nos. 1 - 7

Part B. for March 1909.

SUBJECT.

Adoption as a trial in the Bangalore Central Jail & the Mysore District Jail, of the new scale of vegetarian diet on trial in Madras Jails.

Table of Contents.

1 From the I. G. of Prisons, No 1214/731-08 Proposes to try in the Central Jail at Bangalore the new scale of diet on trial in Madras Jails for a period one year

2. To the Chief Resident No Pol S-22 dt 9-1-09 Enquires whether the diet in question may be introduced to the Central Jail in case of conviction by the Madras Courts.

3. D.O. No J 2127 dt 21-1-09 to the I. G. of Prisons — States that Govt have no objection to sanction the trial of the above scale of diet so far as the prisoners of the State concerned.

R. S. 58 From the Chief Resident No 615 dt 30-1-09 Approves of the adoption of the proposed scale of diet

D.O from the Same office NO 48 D/16.2.09
Enquires Govt whether Govt is willing to have
vegitarian diet introduced into both the
Vellore Central Jail & the Mysore Dt Jail

the Same D.O. NO J2968 D/17.2.09
States that it is the intention of Govt
to act both jails & requests him to
act officially -

From
the Same NO 252 D/17.2.09
Requests that the diet in question
introduced into the Mysore Dt. Jail

To the I.G. of Prisons & the Comptroller
NO. J.2586-7 D/8.3.09
Approves of the proposal of the I.G. of Prisons
to introduce the modern system of the scale
of diet into the central jail, Bellary, & the
Dt Jail, Mysore, for one year &
requests the I.G. to submit a report
at the end of that period on its effect
upon the prisoners

GENERAL AND REVENUE SECRETARIAT

(Prisons)

NOTES.

File. No 34-08-09

FILE HEADING.

Adoption as a trial in the Central gaol at Bangalore, the new scale of diet on trial in Madras gails.

From

The Inspector General of Prisons in Mys.

No. 1274 Dated 31-10-08 Received 3/11/08
71 31-08

No. 7130	Enclos. /	Spare Copies. 4	Serial No. /

BRIEF ABSTRACT OF LETTER.

Proposes to try in the Central gail at Bangalore, the new scale of diet on trial in Madras gails for a period of one year.

NOTES AND ORDERS.

Submitted -

The proposal of the Inspector General is to try the new scale of diet for a period of one year in case of hard labour convicts only and

NOTES—First sheet.

G. R. S. 12]
General and Revenue Secretariat.

Pris File No. 34 of 1908

Serial No.

It is expected that the Savings Hereby would be Rs 3,500/- The Scale of diet as proposed by the IG when Compared with the existing one(C) stands as follows:

Appendix I to Diet(C) Jail Manual - Vide Jail R

	Dietary ingredients	Ounces for a week Proposed Scale	ounces for a Week Present Scale	Difference between the present & proposed s
1	Cereal (Ragi)	105 ozs	144	
2	Rice	28	24	
3	Pulse (Dholl)	49	20+3	
✓ 4	Vegetables	42	42	No change proposed
5	Oil	3½	7oil/8 + ½ Ghee	only oil is proposed
✓ 6	Tamarind	3½	3½	No change —
7	Salt	3½	4 3/8	Slight change
8	Curry powder	1 3/4	2 3/16	Do.
✓ 9	Onions	3½	3½	No change —

Thus it is noticed that in the proposed Scale there will be effected a reduction of 39 ozs of ragi and an increase of 4 ozs of rice, ~~four~~ ozs about 2 ozs of oil, and about 26 ozs of Dholl per week.

The Chief change is the use of a larger quantity of pulse which contains a larger amount of nitrogenous matter than rice & ragi. ESB 14/12.

According to the present Scale, meat is supplied to those that eat it, once a week with an alternative supply of 3 ozs of dholl & 4 ozs of ghee to those who do not eat meat. In the proposed Scale no mention is made of meat.

A reference has to be made, perhaps

NOTE—Contn. sheet.

GPB—50,000—18-5 08

G. R. S. 12j
General and Revenue Secretariat.

Pris File No. 34 of 1908-09

Serial No.

to the Residency if any change is effected in the scale of diet as our jails contain the G.L. station prisoners - one special feature of the proposed scale is that all the ingredients named therein will be supplied daily, whereas in the present scale, rice is given twice a week, and rasi every day - A dhall is proposed to be given 7 oz every day against the present scale of about 3 oz -

Submitted for orders

C.R.D. SM
6.11.08 7/11/08

2. The proposal of the D.G. of Prisons to introduce the a new scale diet which is now on trial in Madras may be approved. A copy may be made to the Resr.

(Rasi Lee) SM

Note - Sanction is accorded to the scale of diet as proposed by the D.G. in his letter dt 10/11

7/11

3. 12/11-09

Submitted.

There seems to be no change proposed in the last six ingredients in the list of the D.G. The nutritive valu

Note—Contn. sheet.

GPB—50,000—13-5-08

Serial No.

of the other ingredients (present and proposed) is as follows:-

	Dietary ingredients	Weekly Scale of ounces		Nutritive value in grains. Present scale		Proposed scale	
		Present	Proposed	Nitrogen	Carbon	Nitrogen	Carbon
1	Ragi	144	105	921·6	24,480·0	672·0	17,850·0
2	Rice	24	28	121·6	4,080·0	141·9	4760·0
3	Pulse	23	49	410·7	3,910·0	875·1	8330·0
4	Vegetables	42	42				
5	Oil	7/8 + Ghee 2/8	3½		?	?	?
6	Tamarind	3½	3½				
7	Salt	4 3/8	3½				
8	Curry powder	2 3/16	1¾				
9	Onions.	3½	3½				
10	Ghee	½	"				
	Total of 1st		Thereof	1453·9	32470·0	1689·0	30940·0
	Daily average of nutritive value.			207·7	4638·5	241·2	4420·0

Thus it will be seen that according to the proposed scale, there will be an increase of 33·5 grs of Nitrogen and a decrease of 218·5 grs of Carbon.

Case worth to [illegible]

CRW

17.11.08

4. Resolutions of G. of I. No: 36-I 1896-97 & G.I. no: 285-I 1892-99 are put up.

When in 1897 a similar general proposal was sent up by

17/11/08 - Was invited to get further information in regard to cost of the station mentioned in the reference to the Government of India letter

Note—Contn sheet.

20/11/08

GPB—50 000—17-3-07

Serial No.

7 Las P

by the Inspector General, the Hon Secretary directed that the Madras Scale of diet need not be adopted unless on express medical grounds on account of the difference in the climatic conditions of Madras and Mysore. The present proposal involves not only a change in the quantities of ingredients of diet, but also the omission of ghee and meat altogether.

5 The civil and military prisoners are maintained at a fixed rate of Rs 120/- per annum for a European or Eurasian prisoner & Rs 84/- per annum for a Native & the Residency having expressed their unwillingness to substitute the system of paying the actual charge incurred by the Durbar in maintaining the E & M station prisoners.

6 Before passing orders on the question, the Residency has to be consulted ~~by Government~~ in the matter.

C.R.D
24.11.08
25/11/08

(Indra Lall) SDO 25.

G. R. S. 12]
General and Revenue Secretariat.

Pro. File No. 92 of 190 8-89

Serial No. 6

Resubmitted with the following note with reference to the observations made by the Under secretary in person, as regards the origin of the practice of receiving b & m Station prisoners into the Bangalore Central gaol and the rate at which they have been maintained from time to time..

7 Before the Rendition, there seem to have existed the practice of receiving the b & m Station into the B. b. gail (exact information is not available as to the exact date from which this originated) After the Rendition, the question as to whether such practice should be continued was raised in July 1881 on account of the change of administration. According to the arrangements sanctioned by the Govt of India in March 1884, (1) transported convicts were to be sent to the Andamans, (2) a district gail was to be built in the b & m station for prisoners under 12 months imprisonment & under-trial prisoners & (3) the rest to be sent to the Bellary or Salem gails. Effect seems to have been given to the 1st & the 3rd points. And on account

Serial No.

of the difficulty which the Local Station authorities found in providing accommodation as regards arrangement no: 2, prisoners under this class are being received & confined in the State Central gaul at Bangalore.

Serial no: 38 in the linked file shows that till 1887 the average cost per head of these prisoners was calculated at the rate adopted for the state prisoners — The charge for the Rendition up to 30th Sept 1883 was calculated at Rs 78/- for those confined in the Bangalore Central gail and Rs 14/2/- for those confined in the District Lock up, (vide 6a) From 1st October 1883 up to 31st December 1884 it was Rs 7c for all the prisoners — The charge for 1884 was calculated at 72 for natives & 108 for Europeans & Eurasians (vide 16a) For 1885. a rate of Rs 86 and Rs 114 was adopted respectively —

* file of J. F. 36-1876-77. Flag V.

G. R. S. 12
General and Revenue Secretariat.

Pris File No. 34 of 1908-09

Serial No.

H A

The fixing of a contract rate was proposed in march 1888 (vide S. No: 33). The Contract rates of Rs 84 and Rs 120 per annum per head of Natives & Europeans respectively were fixed in June 1888 (vide S. No: 39).

C.R.O. 8.12.08

Under Sec.) 10/12

&

The Inspectn Gl of ~~Jails~~ Prisons suggests a change in the dietary of hard labour convicts on the lines adopted in the Madras Pris. The Chief change is the use of a larger quantity of pulses & oil & a smaller quantity of rice & Pulses contain a larger amount of nitrogenous matter than rice & ragi. The change may be approved & as suggested the new diet may be tried for a year. The new diet is also ~~expected~~ expected to be cheaper than the present diet.

9 When a change of diet was proposed in 1897, Govt vetoed the proposal on the ground that the climatic conditions of Mysore were entirely different from those of Madras, & that no change should

Serial No.

be made unless on strong medical grounds. ~~In the~~ I am not sure if that argument is not too general & in the present case we may accept the opinion of the Sg of Prisons — who is also the Senior Surgeon & Sanit Commr — that the new diet is more fit for hard labor convicts than the present diet.

10 Another point that has been discussed in the office note is as to whether the Govt should be consulted before any change is made. Under arrangements entered into in 1888, the Ctm Stm authorities pay us a lump sum of 84 Rs for every Indian prisoner & 120 Rs for every European or Eurasian prisoner irrespective of the actual charges incurred. As it is the actual charges incurred are higher than these contract rates & there seems to be no reason why the Govt should be consulted before any change in diet which does not prejudicially affect the health of the prisoners is made.

H A

GPB—50,000—13-5-08

G. R. S. 12]
General and Revenue Secretariat.

File No. 34 of 1908-09

Serial No.

11 The question of consulting the Resr before making any change in the dietary of prisoners was considered in 1897 & in 1898 & such a reference was considered desirable though not obligatory. If a similar course should be pursued now the order proposed to be issued may be sent to Resr (D-O) for information before issue -

H B & C

Dewan through 2nd C

C S J
14/12/08

12

The proposal made by the I G of Prisons may be approved and the change in dietary tried for one year.

It is expedient to consult the Residency as a matter of form, the Civil & Military station prisoners being concerned

K M M
17/12/08

11267
17.12.08

13

Submit to the Dewan

17th Dec. S B

The Dewan agrees with the 2nd

et.

GPB—50,000—13-5-08

fd Councillor
22.12.08

No. to Draft letter to Resr
Resr 31.12.08

R. S. 12]
eneral and Revenue Secretariat.

Pris File No. 34 of 1908-09

Serial No.	
15	Draft letter to the Residency submitted for approval of the orders. CRW 31/12 26.12.08 16. Issued 31st Dec'd SH Swp 15/1/09
2	To The H. A. Resident. No: Pol. 524 of 9.1.09 Enquires whether the diet in question may be introduced in the Bb. Jail in case of C & M station prisoners and forwards a statement showing the present and proposed scale of diet.

G. R. S. 12]
General and Revenue Secretariat.

Pols File No. 54 of 1908

Serial No.

D.O. dated the 20th January 08 from Lt Col Symes -

Enquires whether Govt is disposed to sanction his proposals, as he intends calling for tenders before the 2nd January

Please see Colonel Symes reminder of 20th inst. As he has to settle the tenders pending before him, he may be authorised to proceed on the basis of the vegetarian dietary being approved in the case of prisoners, the supreme State only formal orders on the subject may issue in due course, as also on the question of the calorific value dietary to be adopted. Perhaps, about which a reference has been made to the Govt

Subject to the D.I.G.P.'s approval the D.O. reply as above will be issued to Col Symes

21.1.08

D.I.G.P.

The D.I.G.P. approves of the reply being issued

21.1.08

D.O. no: J 2127 dated 21.1.08 to Lt Col: Symes

States that Govt have no objection for sanctioning the above scale so far as supreme state prisoners are concerned & await the reply of the Residency

GPB—50,000—18-5-08

C. R. S. 12]
General and Revenue Secretariat.

Pris File No. 54 of 1908-09

Serial No.	
	as regards C & M Station Convicts are concerned.
	From
4	The H. A. Resident.
	No. 615 & 30.1.09
	Approves the adoption of the proposed Scale of diet in the case of hard labour Indian Convicts of the C & M Station of Bangalore confined in the Bangalore Central Jail.
	Subject with a Do as directed by the Secretary in his remarks on the letter under disposal.
	CRO 1.2.09 Secy 1.2.09
5	Do. No: 22243 dt 4.2.09 to the Govt of Madras. Communicates the above information contained in the Residency letter mentioned in the margin for the information of Govt.
	Draft submitted
	CRO 16.2.09

Pris

a Reply to the two articles which he is Collecting for the Gazetteer

Note—Contn. sheet.

Serial No.

D.o No: 48 & 16.2.09 from Lt. Col: Smyth, D.S of Prisons. Enquiring whether Govt is willing to have the vegetarian diet introduced both into the Bangalore Central gaol & the District gaol at Mysore-

Draft reply to Col Smyth's D.o. of 16th inst is submitted for approval

2nd CJ

CBB
16/2

Approved
KPM
17/2/09

Issue
CSB
17/2/09

17.2.09

To The same Officer-

D.o. No 2415 & 17.2.09-

Explains that the term "Mysore State Prisoners," was used in contradistinction to Ct & Station prisoners and that if the diet in question should be extended to the Mysore gaol also, the D.General may write officially in the subject.

Submitted- In the above D.o. it

Serial No.

was also suggested that whether it would not be desirable to watch results in Bangalore before extending the system to Mysore also.

The following official reference dated 17th February 1909 was received from the Inspector General, most probably before the above D.O reached him.

6 From The D. G. Prisons in Mysore
No: 252/31-08 & 17-2-09

Requests that the diet in question may also be introduced into the Mysore District jail experimentally for a year, as the weighments in that gaol have been kept carefully so that the effect of the new dietary could be at once observed.

Ordered. The Inspector General states that the weighments in the B.G. gaol have to be continued for two months more so as to get proper figures and that it is not advisable to introduce the new dietary in that prison before that time. The D.G. perhaps intends to make a beginning of the experiment in the Mysore jail and after a period of two months or so, to introduce the same into the Central

Serial No.

gaol at Bangalore.

CRO 19.2.09 Subordinates. The Asst Surgeon's proposals may perhaps be approved.

DO 7/2/09 Outline minute the Sg's proposal may be adopted, as the principle involved has already been adopted in the case of the Central gaol. But the Secretary's DO of the 17th inst particularly refers to the fact whether it was not advisable to try the experiment in Bangalore before extending it to Mysore.

20.2.09. Secretary.

The Sg's proposals may be approved. I believe the ordinary poorer classes who contribute most to the prison population do not ordinarily use meat regularly & regard it as a luxury. Their ordinary diet is kept rice which is practically what the Sg. proposes to try -

2nd Dy CSB 23/2/09

Approved HKM 24/2/09.

Issue orders CSB 24/2 24/2/09

R. S. 12j
neral and Revenue
Secretariat.

Pris File No. 34 of 1908-09

Serial No.	
	Draft submitted. C.R.D. 25.2.09. 1st March 09
	Do
7	re D. & Prisons Subcommittee —: No 2566-78 & 8-3. of Sanctions the proposal of the D. & (temporarily) to be tried for a year.

J 1130

No. 1214
F. 31-08 Con@.1.

OFFICE OF THE INSPECTOR-GENERAL OF PRISONS IN MYSORE. H. No 34-08-09
S. No. 1

Dated Bangalore, 31st October 1908.

FROM

Lieut.-Colonel J.Smyth M.D., I.M.S.,

Inspector-General of Prisons in Mysore,
Bangalore.

To

K.S.Chandrasekhara Aiyer, Esqr., B.A., B.L.,

Secretary to the Government of H. H. the Maharaja of Mysore,
General & Revenue Departments.

SIR,

I have the honor to invite the favor of attention of Government to the new scale of diet (copy herein enclosed) on trial in Madras Jails and propose its adoption as a trial in the Central Jail at Bangalore for a period of one year. The saving would be about Rs. 3,500/-. The new diet will be given to hard labor convicts only.

I have the honor to be,

Sir,

Your most obedient servant,

M.D.,

Lieut.-Col. I.M.S.,

Inspector General of Prisons.

From

The Inspector-General of P
in Mysore.

To

The Secy. to the Govt. of H. H.
the Maharaja of Mysore,
Gen. & Rev. Departments

No. 1214 Gen C.I.
F. 31-08

Dated 31st October 1908.

Subject.

Invites the favor of attention
Govt to the new scale of
(copy herein enclosed) on
in Madras Jails and
proposes its adoption as a
in the Central Jail at
galore for a period of
year.

Enclosure to 9-1130.

Robes weekly Scales of diet for laboring prisoners in the Madras Presidency and the average daily nutritive value.

Ingredients entering into the several diets	Ounces daily	Ounces weekly	Nutritive Value in Grains		Remarks.
			Nitrogen	Carbon	
1 Cereal (Ragi)	15	105	672·0	17,850·0	
2 Rice	4	28.	141·9	4760·0	
3 Pulse (dholl)	7	49	875·1	8330·0	
4 Vegetables	6	42	29·4	1407·0	
5 Oil		3½	-	1209·6	
6 Tamarind		3½	30·6	61·2	
7 Salt		3½			
8 Curry Powder		1¾			
9 Onions		3½			
Average daily Nutritive Value.			249·9	4802·5	

Loby.

M. D.
Lieut: Col. I.M.S.,
Inspector General of Prisons.

G.R.S. 26]

Pris

File No. 34

Serial No. 2

Diary No. of letter ~~replied~~ to 9 1130

No Pol: 524.

General and Revenue Secretariat

( )

, *the* 190

To

The First Assistant
to the Hon'ble the
Resident in Mysore.

Date of issue 9—1—1909.

Signed by

Mr K S Chandrasekhara Aiyar.

~~Prisons Department~~

~~Asst~~

Sir,

I am directed ~~to~~ invite a reference to the ~~forward a~~ Statement as detailed in the margin, showing the present scale of diet adopted in the Bangalore Central Jail and the one now being tried in Madras, and to ~~inform~~ state that the Inspector General of Prisons in Mysore, recommends the adoption of the latter scale in the jails in Mysore as a temporary measure.

over.

No.	Dietary ingredients	Ounces for a week. Proposed scale now being tried in Madras	Ounces for a week. Present scale.
1.	Cereal (Ragi)	105	144
2.	Rice	28	24
3.	Pulse (Dhall)	49	20 + 3
4	Vegetables	42	42
5	Oil	3½	⅞ oil + ½ ghee
6.	Tamarind	3½	3½
7.	Salt	3½	4 3/8
8.	Curry powder	1 3/4	2 3/16
9	Onions	3½	3½

SUBJECT.

Extra on meat days

~~be allowed for a period of~~
~~one year~~ in case of ~~my~~
hard labour convicts."

~~I am to state that~~
The Durbar intend to
adopt the ~~recommended~~ proposed scale
~~as recommended~~, tentative
for one year, and (I am to request
to be informed of the view
of the Hon'ble the Resident, whether + as to + inserted
~~in the matter of the adoption~~ letter but
of the ~~said~~ same diets may be adopted in case of not in the
hard labour convicts at the copy
the civil and military
station, ~~Prisoners~~ confined
in the Bangalore central
gail.

I have &c/c -

Secretary.

List of enclosures

Copied by

Examined by

6/2-08

GPB—10,000—20-4-06.

Dear Mr Chamberlain

You may remember that some time ago I addressed you on the desirability of adopting the new Regulation Size in case Imperial Paper Making Company - which is a good deal cheaper than the one we use - Some Company tenders now - which have been Closed by 31st Inst. Do you think there is any likelihood of you adopting the Regulation Size, & if so can I obtain the Tenders at the new Rates?

Yours faithfully

Benjamin Armstrong M

20/7/09

G.R.S. 267

File No.

Serial No. 3

Diary No. of letter replied to

D.O. No J2127
8/21.1.09

General and Revenue Secretariat

, *the* 190

Date of issue 21.1.09

Signed by

Mr K S Chandrasekharaiya

Dear Lord Kitchener,

Your D.O. of yesterday re: adoption of a vegetarian dietary for prisoners in the Central gaol.

So far as prisoners of the Mysore State are concerned the Govt have no objection to your proposal, which you may bring into effect in anticipation of formal orders.

As regards Civil & Military State prisoners, a reference has been made to the Resident whose reply is awaited.

You may for the present
leave them out in the
yours hear from me again.

Yours Sincerely

Sd/ K.S. Chandrasekhara Iyer

RW
21.1.09

List of enclosures

Copied by

Examined by

GPB—10,000—20-4-06.

Office of the I. G. of Pris in Mysore

D. O. No. 48.

~~Office of the Senior Surgeon with the Government of Mysore.~~

Bangalore, 16 - 2 - 1909.

J2109

Surgeon Balasundara Iyer.

You do no J2243 of 4th instant. I understand from it that Sri is willing to have the Registration Act introduced both into the B.C. Jail & into the District Jail myself. Please say if I am right.

Surgeon

J Rutherford

"Record" not
apply to Ely[illegible]
in the Do. referred to by
Col Smyth, the [illegible]
of Expression [illegible]
of the Ely[illegible] State" is
used but it was intended
to apply only for the Court
Veil as the Ely.'s reference
to Court was only in regard
to that. A Do. reply will
be sent to Col. Smyth
if approved.

S.H.

* The Expression was
used in Contradistinction
from those of C.d.H. 81 H.
Please see Secretary's order
dated 21.1.09.

S.H.

G.R.S. 26]

File No.

Serial No.

Diary No. , *of letter replied to* _____

General and Revenue Secretariat

( )

, *the* 190 .

Date of issue 17.2.05

Signed by Mr C.S. Balasundaram
Spr.

D.O. No. 2419 dt
17.2.05

To Lt. Col. Smyth Jail

My dear Sir

Your D.O. no 148 dt 16.2.05. I understand that the term 'Imposed State prisoners' was used in contradistinction to C & M State prisoners in the D.O. of 21.1.05 & 4.2.05. Your proposals in which orders have been passed, referred only to the experiment being made in the Bangalore Central Jail. If you think it may be

over.

SUBJECT.

extended to the Mysore
gaol also, and would
suggest your writing
officially on the subject.
You might also
consider whether it
might not be
desirable to watch
results in Bangalore
before extending
the system to Mysore
also —

Yours sincerely

sd/ C.S. Balasundaram Iyer —

List of enclosures.

Copy
CRW
17.2.0

17.2.0

Copied by

Examined by

MGCPB—30,000—16-2-05

No. 615.

FROM

T. B. COPELAND, Esq., I. C. S.,
FIRST ASSISTANT TO THE RESIDENT IN MYSORE.

To

The Dewan of Mysore.

Dated Bangalore, 30th January 1909.

SIR,

With reference to Mr ...sekhara Aiyar's letter Pol. No.524, dated the 9th January 1909, I am directed to say that the Resident approves the adoption of the proposed scale of diet in the case of hard labour Indian Convicts of the Civil and Military Station of Bangalore confined in the Bangalore Central Jail,

I have th honour to be,

Sir,

Your most obedient servan

For First Assistant Residen

G.R.S. 26]

Res File No.

Serial No. 5

*Diary No. of letter replied to*_____

No J. 2127 S.

General and Revenue Secretariat

( )

, *the* 190

To The Resident Surgeon,

In continuation of my No J 2127 dated the 21st January 1909, Re the adoption of a vegetarian dietary for prisoners of the Mysore State, I have now to inform you that the Residency have no objection to the adoption of the proposed scale of diet in the case of hard labour Indian Convicts of the G L Rs station.

You may therefore bring it into effect in anticipation of formal

over.

Date of issue 4.2.09

Signed by R C S Balasundaram
Asst

SUBJECT.

Orders of Govt

1935

Yours sincerely

Lt Col J Smyth, MC MMS.

1 enclosures

Copied by

Examined by

GPB—10,000—20-4-06.

No. 252
31-08

Office of the Inspr. Genl. of Prisons in Mysore,

Dated Bangalore, 17 February 1909.

J 2111.

F.No. 34-08-09
S.No: 6

From

Lt.-Colonel J.Smyth M.D., I.M.S.,

Inspector General of Prisons in Mysore.

To

C.S.Balasundaram Iyer Esqr., B.A.,

Offg. Secretary to the Government of

His Highness the Maharaja of Mysore,

General and Revenue Deptts.

Sir,

In continuation of my letter No.1214/31-08 dated 31st October 1908, I have the honor to request that you will be so good as to move Government to sanction the vegetarian dietary thereir referred to in the Mysore District Jail also experimentally for a year.

2. The weighments have been carefully kept in that Jail so that the effect of the new dietary could be at once observed.

3. The weighments in the Bangalore Central Jail have to be continued for two months more so as to get proper figures, and meantime it is not advisable to introduce the new dietary in that prison.

I have the honor to be,

Sir,

Your most obedient servant,

M.D.,

Lt.-Colonel I.M.S.,

Inspector General of Prisons.

T.C.G.

Pvs 17/2

From

The Insp^r Gen^l of Prisons
in Mysore.

To

The Secy: to Govt
Genl & Rev Dept^to.

No 252
31-08
Dt. 17.2.09.

Requests to move Govt to
sanction the vegetarian
dietary in the Mysore Dist^t
Jail also experimentally for
a year &c.

G.R.S.—38]

Pris File No. 34-08-7

Serial No. 7

Diary No. of letter replied to 9 2111

Proceedings of the Government of His Highness the Maharaja of Mysore.

GENERAL AND REVENUE SECRETARIAT.

( )

, the 190

Date of issue

Signed by

READ—

Letter No. 1214 dated the 31st October 1908 from the Inspector General of Prisons in Mysore, forwarding a statement showing the new scale of diet that is now being tried in the Madras gaols and

ORDER THEREON—No.

recommending the adoption of the same scale in the Bangalore Central gail for a period of one year in the case of hard labour convicts only.

2) Correspondence ending over

SUBJECT

with letter no: 252/31-08 dated the 17th February 1909 from the Home Officer, requesting that the vegetarian dietary referred to in the letter read above, may be introduced into the Mysore District jail also, experimentally for a year as the effect of the new dietary can be observed at once better in the Mysore District jail where weighments are kept more carefully, than in the Bangalore Central jail in which it will take two months more to arrive at proper figures of weighments.

Order thereon:- No: J. 2566-7 98-3-09

Government approve of the proposals of the Inspector General of Prisons to introduce the annexed Scale of vegetarian diet which is now being tried in Madras jails, into the Bangalore Central and Mysore District jails

G.R.S. 27]

GENERAL AND REVENUE SECRETARIAT.

(*Continuation Sheet draft form.*)

for the case of hard-labour Indian Convicts and direct that the experiment be tried for one year at the end of ~~which a~~ period a report ~~shall be~~ being submitted to Govt as to the effects of the new diet ~~in question~~ at the end of that period.

For Secretary

2

The D. G. of Prisons in Bengal
The Comptroller —

Cert
25.2.05

24/2

25/2/05 3/9
Comptroller
5/3

Revised scale of diet for hard labour Indian convicts in Mysore (Govt Pro: no:)

Ingredients	ounces daily	ounces weekly
1. Ragi	15	105
2. Rice	4	28
3. Dholl or Ballar	7	49
4. Vegetables	6	42
5. Oil (Gingely)	½	3½
6. Tamarind	½	3½
7. Salt	½	3½
8. Curry powder	¼	1¾
9. Onions	½	3½